

DERBY GP SPECIALTY TEACHING PROGRAMMES

HALF DAY RELEASE TEACHING

Your Year Group Team Behaviour

Rules/Expectations

1. **TURN UP** on time leave on time. Let the office know why you are not at your half day release teaching session via email (usually Kath) Kathryn.cross1@nhs.net or dhft.gptraining@nhs.net
2. **PREPARE** – it's only fair!
3. **COMMUNICATE** with year group GP facilitators, Consultant resources well in advance.
4. **TURN OFF YOUR PHONE AND ONLY GET IT OUT FOR EMERGENCIES** or IF YOU REALLY NEED TO LOOK SOMETHING UP TO SHARE WITH THE CLASS.
5. **BRING YOUR POSITIVE LEARNING ATTITUDE – ENTHUSIAM** (like noro) IS INFECTIOUS
6. **CONTRIBUTE** but only ONE PERSON SHOULD BE TALKING AT A TIME NORMALLY
7. **RESPECT** (not necessarily agree with) OTHERS' OPINIONS
8. **CONFIDENTIALITY** its not just for Las Vegas
9. **BANTER AND HUMOUR ARE USUALLY GOOD THINGS – LIFE'S TOO SHORT TO BE UBER SERIOUS** (unless you have a weak pelvic floor)
10. **IF YOU ARE FALLING ASLEEP GO AND DOWSE YOURSELF IN COLD WATER AND RETURN ASAP**
11. **BRING CAKE** or other healthy snacks if you wish but remember your body like mine is a temple (*Andy Lindop*)
12. **PLEASE DON'T EAT SMELLY / NOISY SNACKS IN THE SESSION**
13. **DO THE ONLINE FEEDBACK IN A CONSTRUCTIVE WAY (OR KATH WILL HASSLE YOUR PD TUTOR AND THEY WILL PASS IT ON TO THE YEAR GROUP!)**

PLEASE REMEMBER YOU HAVE SIGNED UP TO THESE IT WILL BE GREAT IF YOU CAN ALL RESPECT THEM THANKS